

Pregnant? Unsure?



Support Unplanned Pregnancy Resource Facilitation (SUPeRF)

Our Services



Practical Assistance

- We provide PRACTICAL HELP such as medical advice, legal aid, etc.
- We offer PRE & POST NATAL CARE.
- We provide BABY ESSENTIALS (milk, diapers) for those who can't afford.



Emotional Support

- We offer EMOTIONAL SUPPORT regardless of your pregnancy outcome.
- We BEFRIEND and will be with you throughout your journey.
- We provide professional COUNSELLING services.



Information & Resources

- We provide INFORMATION on pregnancy, medical procedures, government schemes for families.
- We explore ALTERNATIVE options such as adoption, medical assistance and financial assistance schemes.
- We CONNECT our clients to reliable resources.

If you or someone you know is pregnant and needs support.



www.alife.org.sg/superf



Contact Us

9183 4483

aLife is here for you.