

MARRIAGE PREPARATION PROGRAMME APPLICATION FORM

aLife's Marriage Preparation Programme (MPP) is specially tailored to help couples build a good foundation in their marriages as well as prepare couples for real life. Topics covered include:

- Family of Origin
- Self-Knowledge and Building on Couples' strengths
- Communication Skills
- Conflict Management
- Sexual Intimacy and Fertility
- Financial Planning
- In-laws Relationship

Sessions are conducted in a group setting where couples are guided by very experienced professionals. Couples are given personal time to discuss practical issues and consider possible pitfalls that dot the marital landscape particularly in the early years of marriage. The marriage preparation programme is designed to encompass all contemporary concerns to help you and your partner understand your vulnerabilities, your needs and expectations. Investing in your marriage preparation, together with your commitment to each other will help you to build a lifelong and life-giving marriage.

Venue: aLife Centre (Blk 308 Shunfu Road #01-165 S570380) / Online

Date: _____

Time: 9.00 am – 6.00 pm

Fee: \$100 per couple (\$70 rebate from MSF upon completion of the course)

Applicants' Details:

Husband's / Fiancé's Name		Wife's / Fiancée's Name	
NRIC No:		NRIC No:	
Occupation:		Occupation:	
Contact Number:		Contact Number:	
(Hp)	(O)	(Hp)	(O)
Email:			
Address:			
Signature		Signature	
Date of Marriage:			
<p>aLife Ltd accept payments by: PayPal or Credit Card Payments (online bookings via website)</p> <p><i>For all payments, pls indicate in Reference: "MPP (DDMMYY of MPP) and your name".</i></p>			